GENDER EQUALITY

Toxic Masculinity

Today's date is
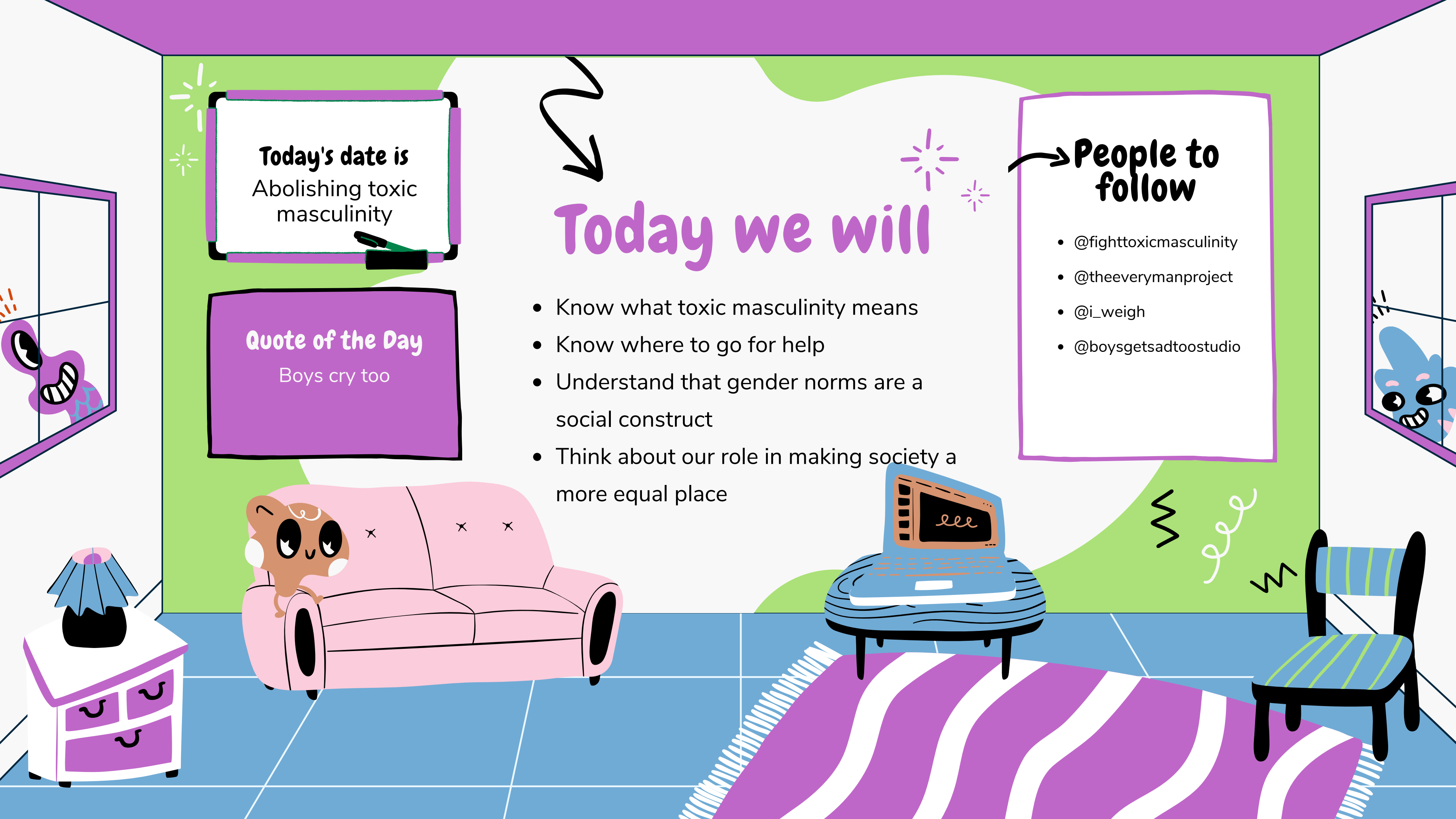
Abolishing toxic masculinity

Quote of the Day

Boys cry too

Today we will

- Know what toxic masculinity means
- Know where to go for help
- Understand that gender norms are a social construct
- Think about our role in making society a more equal place

People to follow

- @fighttoxicmasculinity
- @theeverymanproject
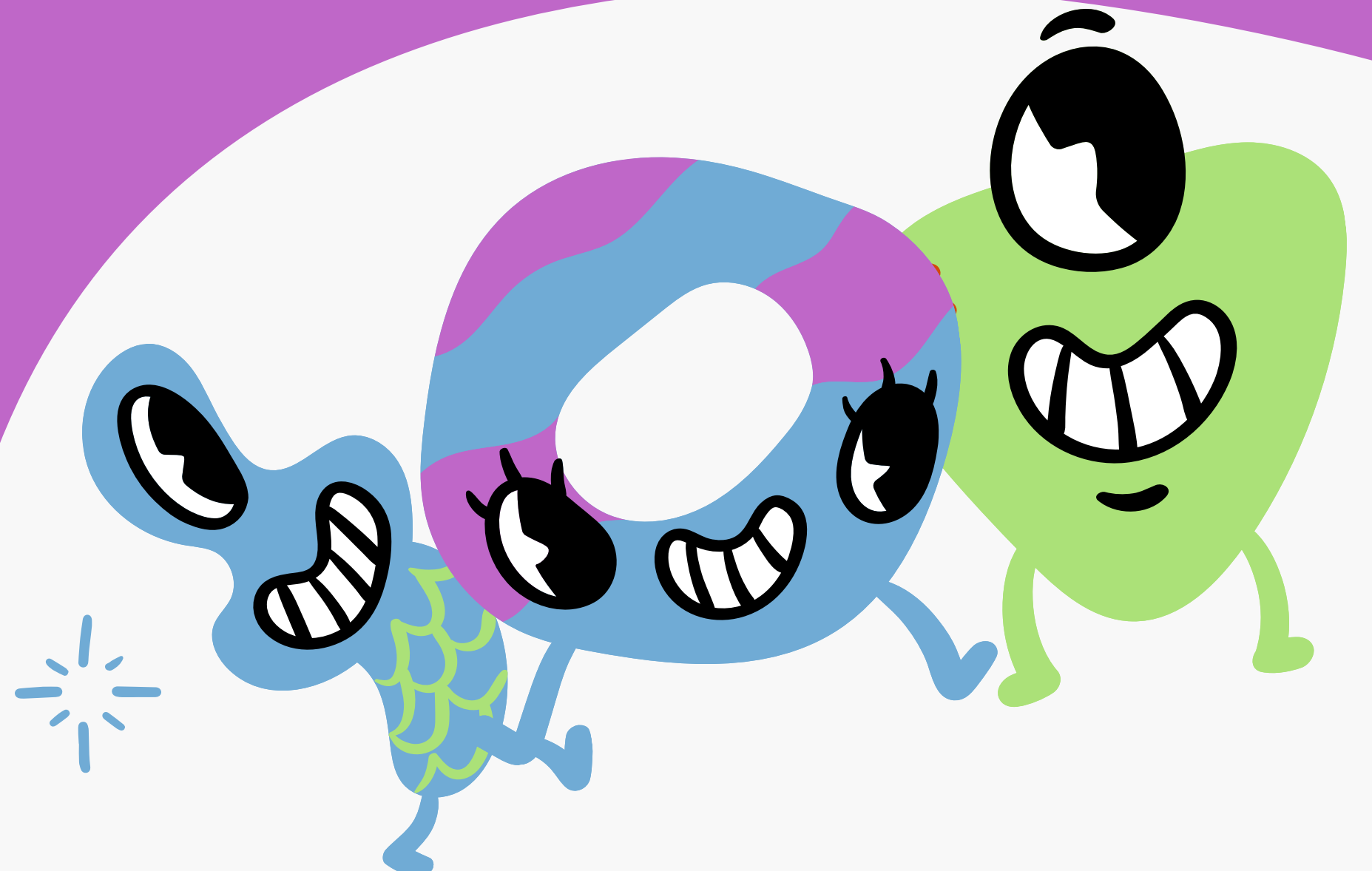- @i_weigh
- @boysgetsadtoostudio

Before we start, this is a safe space:

Talking about elements of identity is complex. You do not have to share anything about yourself that you do not want to. If you want any support with anything at all - there is always someone to talk to!
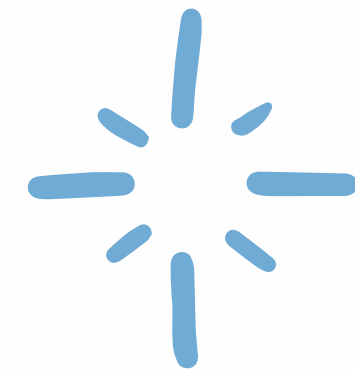
Childline: 0800 1111
Young minds:
https://youngminds.org.uk/

WHAT IS TOXIC MASCULINITY?

A term that describes narrow repressive ideas about the male gender role, a set of negative behaviours that men and boys think they have to follow in order to be 'proper' men.

MEN

WOMEN

Write down terms that you would associate with
the word 'Man and Woman'

Are stereotypes beneficial to society?
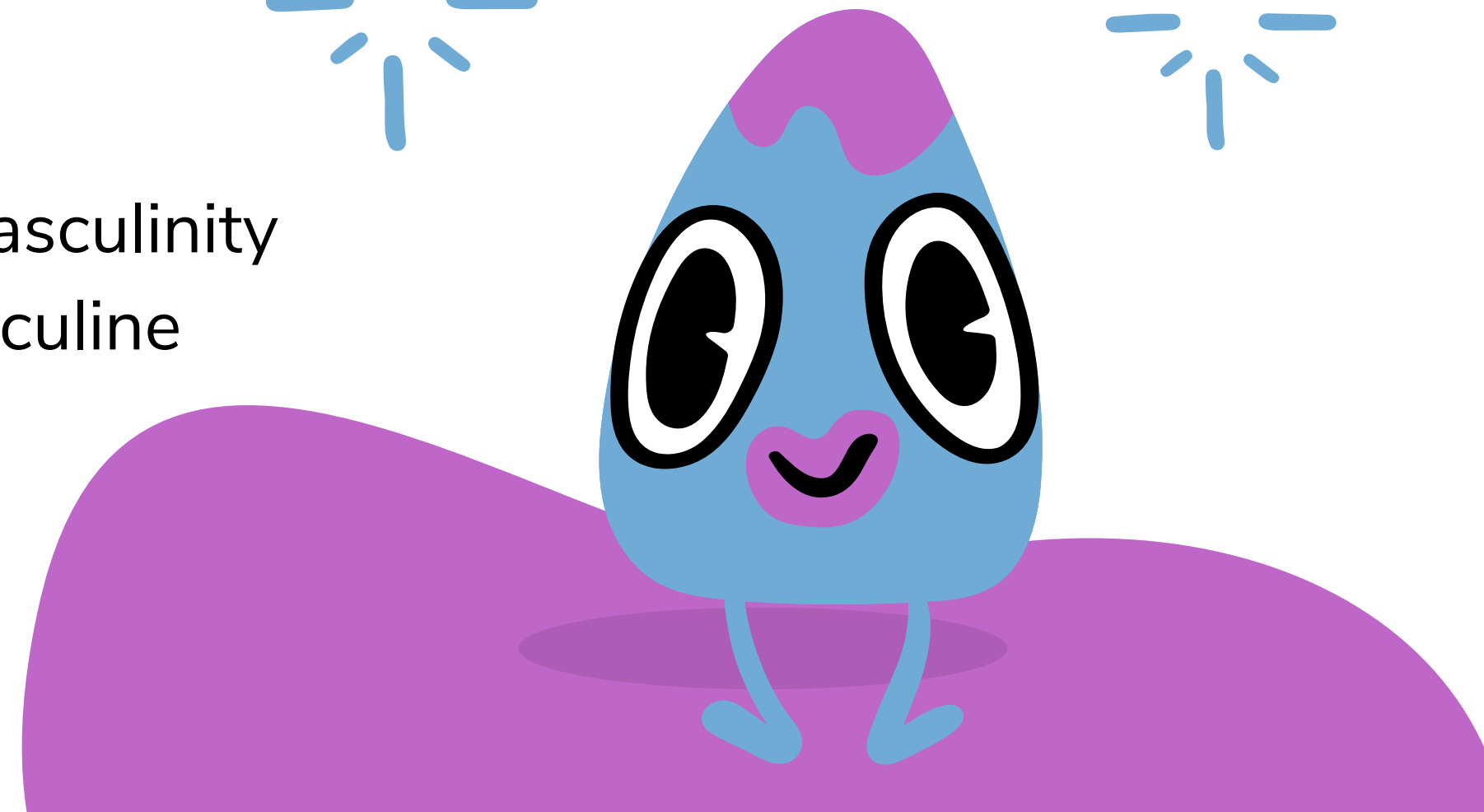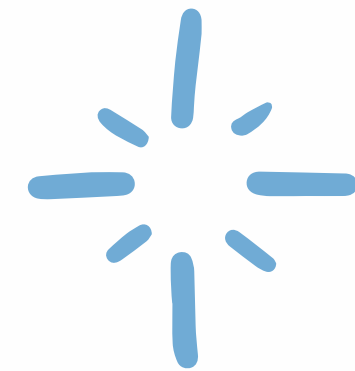
Heard any of these?

- You lost to a girl
- Man up!
- Real men can never get hurt
- Grow a beard - you're a man
- Men should always make the first move
- You're the guy you should pay for the date
- Why are you acting like a girl?
- Men don't cry...

Can you think of any others?

DIFFERENCE BETWEEN TOXIC MASCULINITY AND MASCULINITY

Many people confuse the difference between masculinity and toxic masculinity. However, you can be masculine without having toxic masculinity.
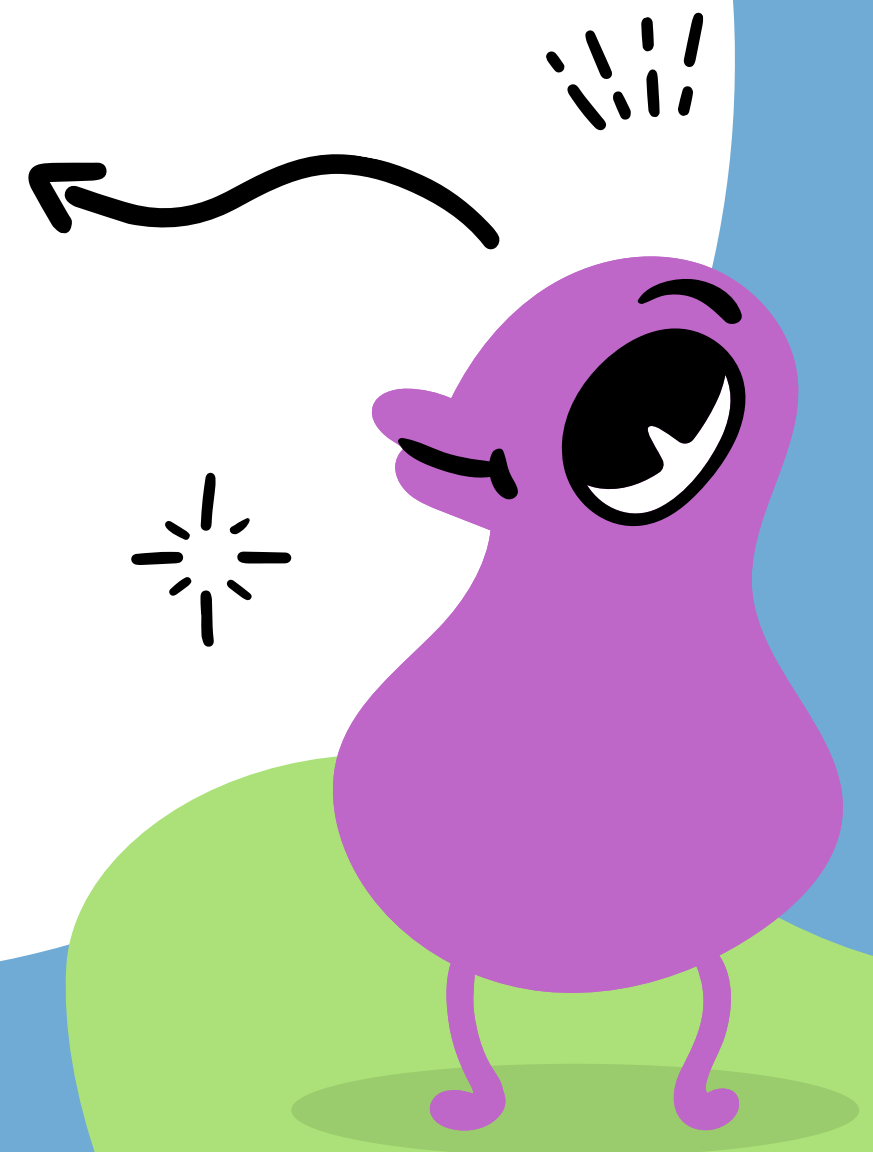
Key statistics...

- Just over three out of four suicides (76%) are by men and suicide is the biggest cause of death for men under 35 (Reference: ONS)
- Men make up 95% of the prison population (Reference: House of Commons Library)
- Men are nearly three times more likely than women to become alcohol dependent
- Men are more likely to use (and die from) illegal drugs
- 12.5% of men in the UK are suffering from one of the common mental health disorders
- Men are less likely to access psychological therapies than women

Make you think?

Watch this video

The damage caused by toxic masculinity - click the life lessons photo to be directed to Youtube

LIFE LESSONS

WE NEED TO TEACH BOYS TO BE FEMINISTS

Ready to do the work?

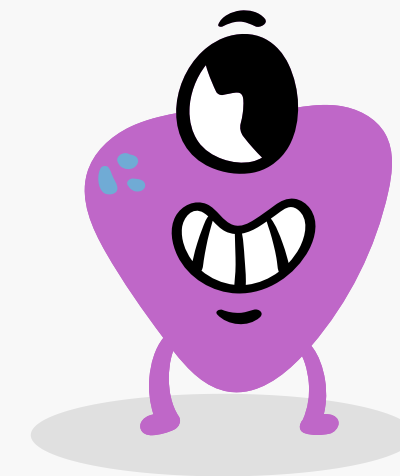Achieving gender equality requires the engagement of everybody, no matter our gender identity.
It is everyone's responsibility...

Go   and be   the change